

The nurse's station for Highland Summer Camps is stocked with the following common over-the-counter medications:

Acetaminophen (eg. Tylenol) – for pain

Bacitracin – for minor cuts, scrapes, and abrasions

Calamine spray or lotion – for poison ivy

Diphenhydramine (eg. Benadryl) – for allergic reactions, hives, and itching

Hydrocortisone cream 1% – for inflammation and itching

Ibuprofen (eg. Advil, Motrin) – for pain

Lidocaine gel – for minor burn pain

Throat lozenges – for sore throat

If your camper has an allergy to any of these medications or should not be given them for any reason, please make sure to note that on the appropriate section of the registration form.